

2013-2014



Asthma and Allergy Foundation of America TEXAS CHAPTER

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ANAPHYLAXIS MANAGEMENT & ACTION PLAN

Patient's Name, DOB, Date Completed, Parents' Name, Permission to carry meds?

My child has food, contact, medication or insect bite allergies that could require use of epinephrine. This device is located. Child knows how to self-use: yes no

Table with 4 columns: Food allergens, Contact Allergens, Insect Bite Allergens, Medications

Medical Contacts: Physician's Name, Preferred Hospital, Preferred Ambulance Service, Health Insurance, Phone, Address, Policy #, Emergency Contact: Name, Phone, Relationship

Parental Contact: Home Address, City, Zip, Home Phone, Father's cell, Father's work phone, Mother's cell, Mother's work phone, Nearest relative: Name, Relation, Phone

ACTION PLAN

1) Assess signs of allergic reaction:

- Mouth: itching & swelling of lips, tongue or the mouth; Throat: itching &/or tightening in throat, hoarseness, cough; Skin: itchy rash, hives, swelling in face or extremities; Gut: nausea, cramps, vomiting, &/or diarrhea; Lung: shortness of breath, repetitive coughing &/or wheezing; Heart: "thready" pulse, fainting

All or any of these symptoms can progress to life-threatening anaphylactic reaction. Monitor closely. If child also has asthma, a sudden onset of asthma symptoms may indicate allergic reaction if there was any indication of contact with their allergic allergens. If any of above symptoms appear upon contact or suspected contact with allergen, epinephrine must be administered immediately. Note: injecting epinephrine if not needed will not be harmful. Follow these procedures:

2) Physician directs that teacher or nurse gives epinephrine for any symptom beyond one or two hives: yes no Physician directs

instead

A child may know how to use a device but in emergency may not be able to do so. Adult uses the auto-injector, injecting through clothing if required, into the thigh at finger tip level. Try to avoid the seam on jeans. Ask child to lie still, adult remain with child at all times.

3) Physician directs, after injection, adult gives Benedryl or other antihistamine: yes no Instead, If child has asthma, physician directs to give 2 puffs of albuterol: yes no.

4) After 5 minutes, nurse or teacher reassess reaction. If not improving, inject second dose of epinephrine.

5) Immediately when reaction occurs, another adult calls 911, following emergency procedure plans. Call parents and tell them what hospital child will go to. Nurse or teacher remains with student at all times, accompanying them to hospital till parent arrives. Provide copy of emergency plan and contact info to medics. Take all their medications with you to hospital.

Special Instructions:

Physician's Signature Date

Parent/Guardian Signature Date