QPIC

Quality Partners In Care

A healthcare partnership between

HEALTH TEXAS
PRIMARY CARE DOCTORS

BAPTIST HEALTH SYSTEM
Passionate people. Compassionate care.

Better Health. Better Care. Better Cost.

OUR IN NETWORK PARTNERS:

aetna™
LabCorp
BAPTIST M&S IMAGING
Texas MedClinic®
Urgent Care...For Life's Little Emergencies™
Quest Diagnostics™
QUALITY urgent care
MedPost Urgent Care
Concentra®

(210) 920-9301 QPICSA.com

WELCOME

Welcome to Aetna Whole Health, your health plan sponsored by Quality Partners in Care (QPIC). Your employer selected this health plan to provide you and your family with high quality, cost effective, and personalized care. We believe you will enjoy the unique advantages QPIC offers.

To ensure you receive the proper care and have access to all the Aetna Whole Health benefits, the first step is to select your Primary Care Physician (PCP). Choosing a PCP is very important. Your PCP will learn your medical history and when you become ill, your access to getting an appointment or referrals will be much simpler if you have established care. This is a very easy 4-step process!

1. Go to www.QPICSA.com

2. Select "FIND A DOCTOR" from the top navigation menu

3. Select a PCP from the map or use the list below the map. Click on the physician name on the list for more information or if you would like assistance, please call our concierge line at (210) 920.9301. You can also submit a request on our website.

4. Once you've selected your PCP, then call your doctor to register as a new patient and schedule a wellness exam. This will immediately put you on the path to enhancing your health!

As an Aetna Whole Health/QPIC Member, you have access to same day appointments for minor urgent matters, VIP referral processing, and lower co-payments for visits, and much more. Also remember, the best way to take full advantage of savings and personalized coordinated care is to stay in network. *

Thank you for choosing us for your healthcare. All of us at QPIC – your doctor and health care team – are here for you and we look forward to seeing how Aetna Whole Health & QPIC canenhance your health.

Simply said, Aetna Whole Health – Better Health. Better Care. Better Cost.

Yours in health,

Chris Caulfield, MD
Medical Director, Quality Partners in Care

**Fullest savings occur when Aetna Whole Health members remain in-network for primary, specialty and hospital care.*

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PRIMARY CARE DOCTORS

- NATIONALLY & LOCALLY RANKED BEST DOCTORS
- BOARD-CERTIFIED PHYSICIANS
- TELEVISITS & SAME DAY APPOINTMENTS
- ON-SITE LABS
- SATURDAY ROUTINE CARE
- 17 CONVENIENT LOCATIONS
- DIABETES EDUCATION PROGRAM
- SE HABLA ESPAÑOL

WE'VE GOT A CLINIC RIGHT WHERE YOU NEED IT

NORTHWEST

11820 Bandera Rd, Ste. 102, 78023
(210) 477-7180

6428 Bandera Rd., 78238
(210) 520-4455

8542 Wurzbach Rd., 78240
(210) 616-7300

7431 NW Loop 410, Ste. 109, 78245
(210) 477-7190

10307 State Hwy. 151, 78251
(210) 237-4983

WEST

590 N. Gen.McMullen, Ste., 78228
(210) 249-0212

911 Castroville Rd., 78237
(210) 436-7402

SOUTHWEST

1920 S.W. Military Dr., 78221
(210) 924-2337

SOUTHEAST

810 S.E. Military Dr., 78214
(210) 921-4200

1910 S. New Braunfels, 78210
(210) 532-0891

DOWNTOWN

530 San Pedro Ave., 78212
(210) 225-4511

NORTHEAST

1248 Austin Hwy., Ste. 214, 78209
(210) 828-2531

8906 Perrin Beitel, 78217
(210) 572-3306

NORTH

615 N.W. Loop 410, Ste. 210, 78216
(210) 384-8282

20821 US Hwy. 281 N., Ste. 122, 78258
(210) 546-1600

HILL COUNTRY/BOERNE

105 Falls Ct., Ste. 100, 78006
(830) 249-3800

NEW BRAUNFELS

660 S. Walnut Ave., 78130
(830) 515-1280

HEALTH TEXAS
PRIMARY CARE DOCTORS
HealthTexas.org

AETNA WHOLE HEALTH℠ MEMBERS

Feeling Sick?

SAME DAY APPOINTMENTS AT OVER 30 LOCATIONS

If you are not feeling well, please call to schedule a convenient same-day appointment when you need it, with a lower co-pay than Urgent Care or Emergency Room visits. Some locations are open Saturday too!

Call us today to schedule your appointment at 210.572.8890 or visit us online at QPICSA.com

TELEDOC®* & REDIMED®*

Talk to a doctor, therapist, or medical expert anywhere you are by phone or video.

Our doctors and therapists are here to address your care needs and provide guidance as you stay safe in the comfort of your own home- 365/24/7.

Teledoc: 855.835.2362
member.teladoc.com/aetna

RediMD: 866.989.2873
redimd.com

Please register your telemedicine before you need it.

*Please check with your employer to know which telemedicine program is offered.

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Emergency Room or Urgent Care?

For illnesses or injuries that are not life-threatening but still need immediate medical care.

For life-threatening issues please call 911

EMERGENCY ROOM

- Severe Abdominal or Chest Pain
- Babies Needing Immediate Care
- Serious Eye or Head Injuries
- Severe Burns
- Stroke Symptoms (Numbness, Paralysis, Slurred Speech, etc.)
- Significant Difficulty Breathing
- Heart Attack Symptoms
- High Fevers
- Suspected Drug Overdose or Poisoning

VS

URGENT CARE

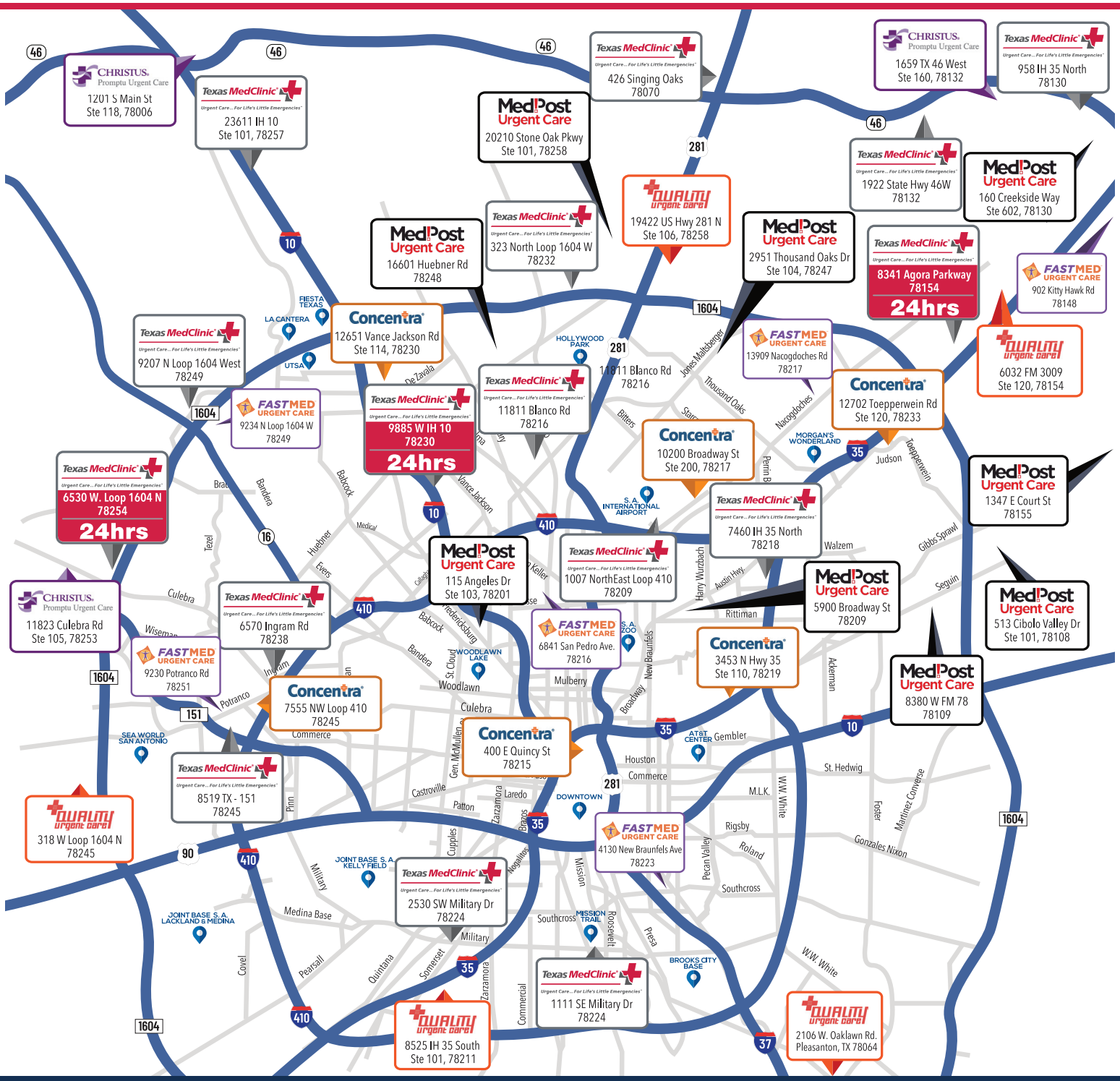
- Allergic Reactions
- Broken Bones
- Sprains & Strains
- Cuts Requiring Stitches
- Mild Fevers
- Minor Burns
- Pink Eye
- Animal or Insect Bite
- Cold & Flu Symptoms

When in doubt, contact your QPIC provider

QPIC Urgent Care Centers

Where to go before the ER!

Urgent Care Centers are quicker and more affordable than an ER, and more than likely down the street from you. Many offer online check-in and show wait times!



For more information go to
QPICSA.com

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EMERGENCY ROOM

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Emergency

Baptist Emergency Hospital - Zarzamora

7719 Interstate 35,
San Antonio, 78224
(210) 572-2955

Emergency

Baptist Emergency Hospital - Thousand Oaks

16088 San Pedro Ave,
San Antonio, 78232
(210) 402-4092

Emergency

Baptist Emergency Hospital - Overlook

25615 US-281,
San Antonio, 78258
(210) 572-2911

Emergency

Baptist Emergency Hospital - Shavano Park

4103 TX-1604 Loop,
San Antonio, 78249
(210) 572-8415

Emergency

Baptist Emergency Hospital - Westover Hills

10811 Town Center Dr,
San Antonio, 78251
(210) 572-0911

Emergency

Baptist Emergency Hospital - Kelly

806 Cupples Rd,
San Antonio, 78237
(726) 800-2040

Emergency

Baptist Emergency Hospital - Hausman

8230 N Loop 1604 W,
San Antonio, 78249
(210) 572-8885

Emergency

Baptist Emergency Hospital - I-35 @ Schertz

16977 IH-35,
Schertz, 78154
(210) 572-4800

HOSPITALS

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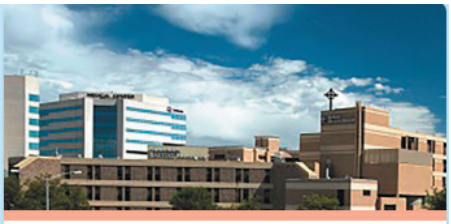


Emergency Hospital

St. Luke's Baptist Hospital
7930 Floyd Curl Dr,
San Antonio, 78229
(210) 297-5000

Emergency Hospital

Baptist Medical Center

111 Dallas St,
San Antonio, 78205
(210) 297-7000

Emergency Hospital

North Central Baptist Hospital
520 Madison Oak Dr.,
San Antonio, 78258
(210) 297-4000

Emergency Hospital

Northeast Baptist Hospital
8811 Village Dr,
San Antonio, 78217
(210) 297-2000

Emergency Hospital

Mission Trail Baptist Hospital

3333 Research Plaza,
San Antonio, 78235
(210) 297-3000

Emergency Hospital

Resolute Health Hospital & Wellness Campus

555 Creekside Crossing,
New Braunfels, 78130
(830) 500-6000

CONVENIENT LOCATIONS AND HOURS TO BETTER SERVE YOU

Baptist M&S Imaging Center Downtown

One Lexington Medical Building
215 E. Quincy, Suite 100
San Antonio, TX 78215
Phone: (210) 351-0720
Phone: (210) 351-0784
Monday-Friday 7:00am - 6:30pm
Saturday 8:00am - 12:00pm

Baptist M&S Imaging Center Medical Center

7888 Fredericksburg Road
San Antonio, TX 78229
Phone: (210) 692-3472
Monday-Friday 7:00am - 7:00pm
Saturday 8:00am - 12:00pm

Baptist Breast Center North Central

Atrium Building
502 Madison Oak Drive, Suite 450
San Antonio, TX 78258
Phone: (210) 730-9600
Monday-Friday 7:30am - 5:00pm
Saturday 8:00am - 12:00pm

Baptist M&S Imaging Center North Central

Stone Oak Medical Building
540 Madison Oak, Suite 160
San Antonio, TX 78258
Phone: (210) 403-1600
Monday-Friday 8:00am - 5:00pm
Saturday 8:00am - 12:00pm

Baptist M&S Imaging Center Mission Trail Medical Plaza

3327 Research Placa, Suite 108
San Antonio, TX 78235
Phone: (210) 423-3950
Monday-Friday 7:00am - 7:00pm
Saturday 8:00am - 12:00pm

Baptist Breast Center Legacy Oaks

5368 Fredericksburg Road
Building C, Suite 305
San Antonio, TX 78229
Phone: (210) 350-3115
M/W/F 7:00am - 5:30pm
T/Th 8:00am - 5:00pm
Saturday 8:00am - 12:00pm

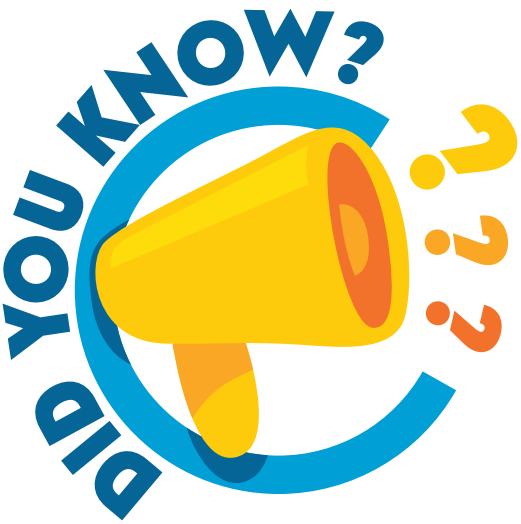
Baptist M&S Imaging Center Westover Hills

Westover Hills Baptist
Medical Building
3903 Wiseman Blvd., Suite 101
San Antonio, TX 78251
Phone: (210) 681-6474
Monday-Friday 8:00am - 5:00pm
Extended hours and weekends
available by appointment

Baptist Breast Center Westover Hills

Westover Hills Baptist
Medical Building
3903 Wiseman Blvd., Suite 321
San Antonio, TX 78251
Phone: (210) 521-2989
M/T/Th/F 8:00am - 5:00pm
Wed 7:00am - 4:00pm

For a full list of our locations please visit us at baptistimaging.com



QPIC has a Case Management Program that can work for you!!

QPICSA.com
210.268.1698

WHAT IS CASE MANAGEMENT?

- Assist in well-coordinated care between your Primary Care Provider (PCP), specialists, imaging center and hospitals
- Assist with prescription cost savings
- Provide periodic telephonic follow-up calls to help keep you healthy
- Provide free patient education classes on various health-related topics
- Provide after hospital follow-up to make sure you are doing okay and have all of the necessary care, supplies and equipment

For Aetna Whole Health members with specialized conditions, a little extra attention can go a long way. We can help you to improve your health and meet your health goals. Call us today to obtain more information about our Case Management Program. Where you can get one-on-one assistance from our Quality Care Team.

Please reach out to us at **(210)268-1698** or email **QPICCM@healthtexas.org**

Aetna™ Behavioral Health AbleTo support

Here for you when you need it

Convenient eight-week program
with counseling and coaching by video or phone.
Just call AbleTo at **1-844-330-3648**.

Consider AbleTo support if you have experienced one of these health conditions or life changes:

- Infertility
- Breast or prostate cancer recovery
- Heart issues
- Diabetes
- Digestive health issues
- Pain management
- Breathing problems
- Alcohol or substance abuse
- Depression, anxiety or panic
- Postpartum depression
- Caregiving stress (child, elder or autism)
- Grief and loss
- Military transitions

Once a week with a therapist to address emotional challenges like depression, stress and anxiety that can come with a medical diagnosis

Once a week with a behavior coach to identify health goals and develop an action plan

aetna.com

Aetna is the brand name used for products and services provided by one or more of the Aetna group of subsidiary companies (Aetna). The Aetna companies that offer, underwrite or administer benefits coverage include Aetna Health Inc., Aetna Health of California Inc., Aetna Health Insurance Company of New York, Aetna Health Insurance Company and/or Aetna Life Insurance Company (Aetna). In Florida, by Aetna Health Inc. and/or Aetna Life Insurance Company. In Maryland, by Aetna Health Inc., 151 Farmington Avenue, Hartford, CT 06156. Aetna Behavioral Health refers to an internal business unit of Aetna. Each insurer has sole financial responsibility for its own products.