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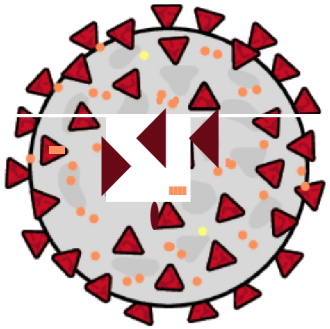
COVID-19



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Staying Healthy

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Positivity, March 2020

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I can help stop the spread of the coronavirus!

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Keeping my hands clean will help. I will wash my hands with soap and water. I should count to 20 or 30 when washing to make sure they are clean.

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If I do not have soap, I can use hand sanitizer instead.

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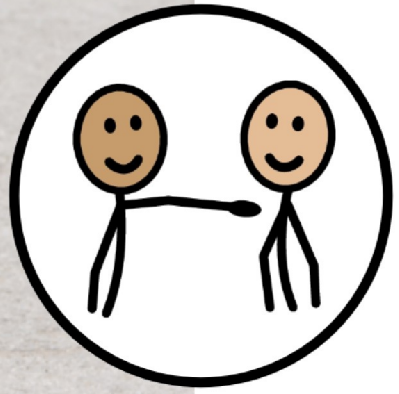
Covering my cough or sneeze will help. I should cover my cough or sneeze with my elbow.

Shutterstock Photo by wallybird

Keeping my hands away from my eyes, nose and mouth will help. I will try to avoid touching my face as much as possible.

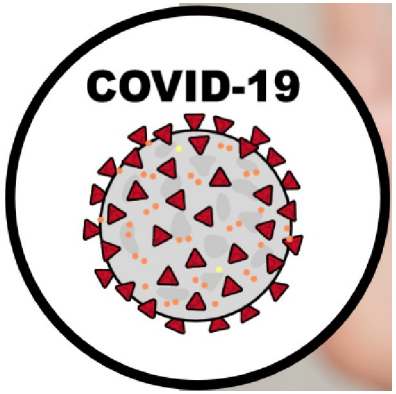


Shutterstock Photo by Paya Mona

Keeping my personal space will help. I can keep a distance from others in public.

Shutterstock Photo by YAKOBCHUK VIACHESLAV

Staying home when I feel sick will help. I do not want to get anyone else sick.



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I can help stop the spread of coronavirus!

The End

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